# **VEGAN A LA CARTE**

WHILE WE HAVE GLUTEN FREE OPTIONS AVAILABLE AND TAKE CARE TO PREPARE YOUR GLUTEN FREE ITEMS

– OUR ENVIRONMENT IS NOT GLUTEN FREE

## **LUNCH & DINNER SMALL PLATES**

Chargrilled Sourdough - Gluten (wheat) 1, Dairy 7, Nuts (Hazelnuts) 8

Served with Roasted Hazelnut Butter - €3.50 – can be served with VF butter

Tomato Focaccia – Gluten (wheat) 1

Homemade Vine Tomato Focaccia - €8.50

Homemade Tomato Soup - Gluten (Wheat) 6

Served with Homemade Brown Bread – €7.00 – Please ask for Sourdough Bread & Dairy Free Butter

#### **LUNCH & DINNER LARGER PLATES**

Thai Green Curry - Celery 9

Served with Pak Choi, Green Peppers, Sugar Snaps and Sticky Jasmine Rice- €16.50 Add Tofu - €19.00

- Soyabean 6

Poached Pear Salad - Gluten (wheat) 1, Nuts (walnuts) 8

Poached Pear Salad, Candied Walnuts and Balsamic Dressing with Vegan Bread - €16.00 Add Tofu - €18.50

- Soyabean 6

### **DESSERTS**

Vegan Oreo Brownie - €9.00 - Gluten (wheat) 1

Raspberry Sorbet

Selection of Sorbets (VF)

Lemon, Raspberry & Strawberry - €7.50

#### **ALLERGENS & OTHER IMPORTANT INFORMATION**

\*Our Soups and sauces are always gluten free and <u>some</u> of our other dishes which contain gluten can be made gluten friendly, please ask your server

\*Please note due to health and safety reasons we do not permit alcohol to the front of the building
\*Unfortunately, we cannot split bills unless the bill is divided evenly amongst the group. Individual requests of
specific payments from groups are time consuming and often frustrating for other waiting customers and we
would ask that if you need to split your bill, that it is done evenly or amongst your group before paying and
appreciate your cooperation.